



SPECIAL POINTS OF INTEREST:

- **February AWEstar, April Walker**
- **Tutor's Corner Stephanie Eaton**
- **Teaching & Learning FIG**
- **GPS FIG**

UPCOMING EVENTS

Brown Bag Discussion - F2F, Online & Hybrid Impact. Mon. March 7th, 12:30-1:30 in the AAC, hosted by Jeff Tolhurst

The next AWE Steering Committee, Fri. March 18th, 2011

GPS

During the first part of March we'll be working on GPS Tool #4, "I THINK, THEREFORE I AM."

Knowing about knowing can take many forms; it includes knowledge about when and how to use particular strategies for learning or for problem solving.

Check out the [GPS](#) site for more information!

Academic Wellness Educators

February AWEstar

April Walker, M.A. has been instructing at Columbia College and MJC in multiple disciplines including courses in Health and Human Performance, Behavioral Health & Human Services, Child Development, and Adaptive Physical Education. "I enjoy teaching Health because it is foundational to student success," April said. Her students learn how healthy lifestyles support their academic success.

April became involved in AWE because, "I wanted to be part of building a strong community of support in education for students at Columbia College". AWE includes multiple disciplines that make a difference in helping students attain success and ultimately in achieving their academic goals. April said,

"When we get involved, we ALL can make a difference!"



At Columbia College, April recently joined the Careers Tools for Excellence Team; and is scheduled to co-instruct a Tools I course in the Fall semester. She serves on the Academic

Wellness Educators Steering Committee and the GPS (Guidance, Preparation, and Success) Focus Inquiry Group (FIG).

In the private sector, April teaches Psychology courses at Brandman University. She is a Head Start - Body Start Consultant working toward combating childhood obesity by facilitating workshops for educators and parents, as well as, evaluating programs statewide. She teaches workshops regarding stress reduction and children with behavior problems based on underlying health or nutrition deficits. April travels nationally in the summer months facilitating training and continuing education workshops for fitness educators.

Tutor's Corner with Stephanie Eaton

I have been tutoring at the Academic Achievement Center since spring of 2010. Among other things, the primary subject I tutor is English, which is also my major. I plan on transferring to either Berkeley or University of Oregon to major in English Literature with a minor in either Sociology or Photography. I have always loved

reading and exploring my creativity by writing. Photography and music are two other things that I think would be great to pursue, but a person can only major in so many things, and I do have a long and deep-rooted love for literature. After college, I plan to be an English teacher at a community college. Getting an education is

one of the most important things a person can do and I am very excited to continue and go forth with mine.

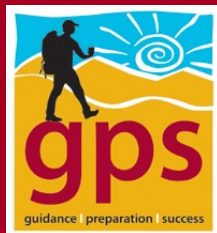
One of the things that I love most about working in the Academic Achievement Center is having the opportunity to be around so many incredibly kind and amazing people and having the opportunity to



Stephanie Eaton
AAC Tutor

*“It is today we
must create the
world of the
future.”*

**Eleanor
Roosevelt**



Tutor's Corner Continued

interact with such a broad range of intelligent and creative individuals. Tutoring has been one the best opportunities I have had at Columbia in that I love working with others in an educational environment. My favorite part of being an English tutor is seeing the transformation in the student and how that affects them educationally and personally. It is such a

worthwhile experience to see the tutee get excited about their assignment and classes, and it reassures me that teaching is what I really want to do. As a student, one of the greatest things that I have experienced with the faculty is the high demand and high support environment. I believe that for learning to be successful, faculty should be encouraging and

supportive in the education of their students. Being open to the needs of students and being responsive in terms of support is, in my opinion, essential to the learning environment. In order for student success to be achieved, the student must undoubtedly put in the effort to meet the high demand, but the support of the instructor is just as important.

Teaching & Learning FIG!

The Teaching & Learning FIG met on Monday, February 28th, 8:30-9:30, in the AAC to discuss plans for some upcoming college visits, guest speakers, how to create awareness and visibility and ideas for teaching & learning activities. Plans to maintain a Teaching & Learning blog are underway, as well as ways to showcase the great teaching & learning tech-

niques our own faculty and colleagues are incorporating in their lesson plans and learning modules.

The next Brown Bag Andragogy Discussion (BBAD) will be on Face to Face, Online, & Hybrid teaching, and will be held on Monday, March 7th, from 12:30-1:30 in the AAC. Big questions may include: Which mode is

better and why? How much online/hybrid should we be doing? What are best practices for online education? What should we be doing in the future at Columbia College? What effects (positive and negative) on student learning does a lack of Face to Face contact have? What is life all about, anyway...?! :)

“I think, Therefore I Am.”

On February, 16th & 17th Kim Zubeck and April Walker hosted GPS Tool #3 - DUDE, RELAX, in the Manzanita Rotunda for students, staff and faculty to come relax with a cup of hot herbal tea, listen to a short guided relaxation, and learn various methods of

relaxation. For March and GPS Tool #4, “I think, therefore I am,” we are encouraged to create a short experience for the students you work with in the classroom or in other locations that relates to this tool. Ideas can be found on the GPS website:

[http://
gps.comm.gocolumbia.edu/
default.aspx](http://gps.comm.gocolumbia.edu/default.aspx).